

March 6 - March 12

Sunday

She Crab Soup 3
GF Rolled Roast Beef Jus Lié 8
GF Herb Roasted Salmon with Tomato Relish 9
Scalloped Potatoes, GF Stewed Squash,
BelugaLentils, GF Asparagus 2.5

Monday

French Onion Soup 3
Sweet and Sour Pork 7
Chicken Cordon Bleu 8
GF Cabbage with Apples and Onions, Jasmine Rice,
GF Glazed Carrots, GF Green Beans with Basil 2.5

Tuesday

GF Vegetable Soup 3
Black Bean Soup 3
Meatloaf and Gravy 7
Fried Flounder 7
Mac and Cheese, Steak Fries,
GF Coleslaw, GF Steamed Broccoli 2.5

Wednesday

Reuben Soup 3
GF Lemon and Rosemary Chicken Quarters 7
GF BBQ Pulled Pork 6
Sweet Potato Casserole, GF Peas and Carrots, GF
Braised Collard Greens, Baked Beans 2.5

Thursday

GF Vegetable Soup 3
Chicken and Rice 3
Beef Burgundy 8
Chicken Cacciatore 7
Rice Pilaf, GF Roasted Zucchini,
Thyme Polenta, GF Spring Vegetable Ragout 2.5

Friday

New England Clam Chowder 3

GF Grilled Mahi Mahi with Pineapple Relish 9

Veal Scallopini with Port Wine Demi 9

Cous Cous Salad, GF Mashed Potatoes,

Cauliflower Gratin, GF Wilted Spinach 2.5

Saturday

Turkey Noodle Soup 3
Chipotle-Lime Pork Loin 7
Chicken-Mushroom Stroganoff 7
Pinto Beans, Buttered Rice,
GF Asparagus, Fried Squash 2.5

Daily Chef Specials

3/7/22-3/11/22

Monday

Pan Seared Beef Liver in Bacon-Onion Gravy. Served with Buttered Rice and Country Style Green Beans.

\$10

Tuesday

Shrimp Tacos with Marinated Cabbage, Mango Pico and Avocado. Topped with Cotija Cheese.

\$10

Wednesday

Teriyaki Chicken Sandwich with Grilled Pineapple, Bacon, Lettuce, Tomato and Swiss Cheese. Served with Fries.

\$9

Thursday

Smothered Pork Chop with Pinto Beans, Cornbread and Collards.

\$9

<u>Friday</u>

Philly Steak Sandwich with Peppers & Onions, Provolone Cheese. On Hoagie Bun. Served with Onion Rings.

\$10

Weekly Salad Special

Harvest Green Salad: Mixed Greens, Diced Butternut Squash, Slab Bacon, Black-Eyed Pea Caviar.

Basil-Buttermilk Dressing.

\$10



Phone: 336.231.5237 Lunch: 11:30 a.m. to 3 p.m. Monday – Saturday

SOUPS

SOUP DU JOUR 3

SALEMTOWNE CHILI 5

ENTRÉE SALADS

COBB SALAD

Bleu Cheese, Bacon, Grilled Chicken, Boiled Egg, Avocado and Grape Tomatoes with Herb Vinaigrette 9.50

SALEMTOWNE TARRAGON CHICKEN SALAD

Poached Tender White Meat Chicken, Tossed with Mayo, Tarragon and Spices. Served with Fresh Fruit. (Also available as a sandwich) 8.25

SANDWICHES/PANINIS

CHICKEN SANDWICH

Grilled Chicken Breast with Roasted Peppers, Lettuce, Provolone and Pesto on a Grilled Ciabatta Bun 9.50

REUBEN

Marbled Rye, Swiss Cheese, Thousand Island, Sauerkraut. Turkey or Corned Beef 9

BLACK BEAN BURGER

Black Bean Burger with Lettuce, Tomato, Red Onion and Avocado on a Gluten-free Bun. 8.25

TURKEY SANDWICH

Oven Gold Turkey, Brie, Sliced Granny Smith Apple, Arugula, Toasted Rye 8.25

"PHILLY" STEAK HOAGIE

Tender Roast Beef Tossed with Peppers and Onions. Topped with Provolone Cheese and Henry Bain Sauce 9

TUNA MELT

Tuna Salad, Cheddar Cheese on Toasted Whole Grain Bread 8.25

CAROLINA HOT DOG

Hebrew National Hot Dog with Choice of Topping 6.25

One side included: Mrs. Vickie's Potato Chips or Fresh Fruit.

WOOD-FIRED FLATBREAD PIZZA

MARGHERITA

Basil, Buffalo Mozzarella and Red Sauce 10.25

PEPPERONI

Pepperoni, Mozzarella and Red Sauce 10.25

PIZZA DU JOUR

Gluten-free Cauliflower Crust can be Substituted for the Flatbread.



Phone: 336.231.5237 Breakfast: 7:30 a.m. to 9:30 a.m.

Monday - Saturday

BREAKFAST

FRESH EGGS

2 Eggs Scrambled, Fried, Sunny-Side Up, Over Easy or Over Medium 2

BREAKFAST SANDWICH

Choice of Bread, Meat, Egg and Cheese 3.50

BREAKFAST POTATOES

2.50

OMELET

Your Choice of Cheese, Bacon, Ham, Mushrooms, Peppers, Onions and/or Spinach. Served with Toast or Biscuit 4.50

OATMEAL

With Cran-Raisins, Walnuts and Brown Sugar 2

BACON OR SAUSAGE

1.50

PANCAKES

Made to Order Buttermilk Pancakes Served with Regular or Sugar Free Syrup 2.50/3.75

FRESH CUT FRUIT

Pineapple, Cantaloupe, Honeydew and Grapes 2.50

GRITS

With or Without Cheese .75

BAKERY

PASTRIES

Cinnamon-Pecan Rolls, Cream Cheese, Apple Stars, Berries & Cream 2

MUFFINS

Check for today's option .50

ESPRESSO

Reg. or Decaf | Hot-12 oz | Iced-16 oz

ESPRESSO 2

AMERICANO 2

MACCHIATO 2

LATTE 2

CAPPUCCINO 2

CAFE MOCHA 2

COFFEE



12 OZ DRIP - HOT 1
16 OZ DRIP - ICED 2

FLAVORS

Caramel, Vanilla, Cane Sugar, Coconut, Salted Caramel, Seasonal Flavors available

BEVERAGES

COKE PRODUCTS

Coke, Diet Coke, Sprite, Sprite Zero, Dr. Pepper, Diet Dr. Pepper, Ginger Ale .75

IBC SODA

Root Beer, Black Cherry, Cream Soda, Cherry Lemonade 1.75

BEER

Stella Artois, Sierra Nevada Pale Ale, Corona Extra, Highland Oatmeal Porter 2.5

OTHER

Orange Juice 12 oz **1** Cranberry Juice 12 oz **1**